episode 5

# RICHARD BLAIS' ULTIMATE BIRTHDAY BASH NACHOS

Carne Asada, Pinto Beans, Pico De Gallo, Ooey Gooey Cheese with Poblano Peppers, Liquid Nitrogen Ice Cream, and Chocolate Dipped Strawberries

#### Quick Carne Asada (serves 4)

#### What You Need

12-16 oz filet mignon steaks cut into 2-3 inch strips, then diced into small cubes

- 1 tbsp onion powder
- 1 tbsp garlic powder
- 1 tbsp mild chile powder
- 2-3 tbsp cilantro, chopped, plus more for garnish
- 1 tbsp clarified butter or cooking oil

#### What You Do

- 1. Mix all spices together. Season meat evenly.
- 2. Heat a grill or a skillet over high heat. Add butter or oil.
- 3. Sauté steaks on all sides until charred evenly, about 3 minutes total.

#### Pinto Beans (serves 4)

#### What You Need

1 ea 12-16 oz can pinto (or black) beans 1 tsp kosher salt

- 1 tsp fresh cracked black pepper
- 2 tbsp crumbled cotija cheese
- 1 bunch green onions, sliced thin
- a few dashes of your favorite hot sauce

What You Do

- Heat beans in a small saucepot. Season with salt, pepper, and hot sauce.
- 2. Top with cotija cheese and sliced green onions.

#### Pico De Gallo (serves 4)

#### What You Need

- 4 ea roma tomatoes
- 1 large jalapeño deseeded
- ½ of of a small red onion (diced)
- 1 bunch cilantro, chopped or  $\frac{1}{4}$  cup
- 1 lime, juiced
- 2 tsp salt
- 1 tsp black pepper

#### Guacamole (serves 4)

#### What You Need

- 4 large, soft Hass avocados
- 1/4 white onion, chopped small
- 2 limes, juiced
- 1 bunch cilantro, chopped
- 2 tsp salt

#### What You Do

- Core the tomatoes (remove all seeds and ribs). Clean the fresh jalapeños (remove excess seeds and ribs). Finely chop the cilantro.
- Small dice all
   vegetables and
   combine all
   ingredients. Taste and
   adjust seasoning.

#### What You Do

Mash avocados in large mixing bowl with lime and salt. Fold in onion and cilantro, then serve.



## Ooey Gooey Cheese with Poblano Peppers (serves 4, with some leftovers)

#### What You Need

- 2 large poblano peppers or 1 jar of mild Ro\*Tel chili tomatoes
- 2 cups melting cheese, such as Velveeta
- 1 cup shredded mozzarella cheese
- $\ensuremath{\text{1/2}}$  cup shredded Monterey jack or pepper jack cheese
- 1 quart heavy cream

#### What You Do

- Char poblano peppers on all sides until skin is dark and blistered. Immediately place in a small mixing bowl and cover with plastic wrap. Allow to steam for 2-3 minutes.
- Remove peppers from bowl, peel off skins. Discard stem, skin, and seeds, and chop the peppers into small pieces. Set aside.
- Alternatively, open and drain a small can of Ro\*Tel tomatoes and chili or a similar prepared diced chili condiment.
- 4. Meanwhile, heat a heavy-bottomed saucepan over medium heat.
- Add heavy cream and peppers, then stir. Bring to a low simmer. Fold in the melting cheese and stir until melted. Reserve the shredded cheeses to garnish the nachos.

#### Liquid Nitrogen Ice Cream (makes 1 quart)

#### What You Need

- 1½ cups heavy cream
- 11/2 cups whole milk
- 3/4 cup sugar
- 4 large egg yolks
- 2 tsp pure vanilla extract (or 1 whole vanilla bean, scraped)
- 4 liters of liquid nitrogen

#### For chocolate ice cream:

2 cups prepared chocolate sauce such as Hershey's, Nutella, or similar

#### What You Do

- In a large saucepan, combine the cream, milk, vanilla, and ¼ cup of the sugar, and bring to a simmer over medium heat. In a heatproof mixing bowl, whisk the egg yolks with the remaining sugar until combined.
- Gradually whisk the warm cream mixture into the egg mixture. When smooth and combined, pour the mixture back into the saucepan.
- 3. If making chocolate, fold in chocolate sauce.
- 4. Continue to cook, stirring constantly, until the custard is thick enough to coat the back of a spoon (175°F on an instant-read thermometer). This should take about 10 minutes. Don't let the mixture come to a boil or it will curdle.
- 5. Strain the mixture through a fine mesh sieve into a bowl. Pour in liquid nitrogen and whisk until frozen. Be careful not to splash it!\*
- 6. When frozen (the ice cream will be soft), transfer to a container with a tight-fitting lid and freeze until firm, about 3 hours, or up to 1 week.

\*Safety Warning: Liquid nitrogen has a boiling point of -320 °F and can cause frostbite and serious cryogenic burns. Handle with care. Wear goggles and insulated gloves. This includes anyone else helping in the kitchen!

#### Optional garnishes chopped nuts whipped cream marshmallow cream chocolate sauce cherries sprinkles



#### Chocolate Dipped Strawberries (serves 4-6)

#### What You Need

1 liter liquid nitrogen 12 large, ripe strawberries 12 long skewers 4 cups melting chocolate 1 cup heavy cream

#### What You Do

- Skewer strawberries. Bring a small saucepot filled halfway with water to a low boil.
   Place a mixing bowl on top to make a double boiler.
- 2. Add chocolate and cream to bowl and stir until melted.
- 3. Dip strawberries in chocolate, then in nitrogen. Immediately place on a cold plate in the refrigerator to set.

## Cocktail Pairing

### Classic Margarita

2 oz (60 ml) Cointreau

#### What You Need

1 lime wedge, plus 2 lime wheels for garnish 1 tbsp coarse salt, for glass rims 4 oz (120 ml) high-quality blanco tequila

1½ oz (45 ml) fresh juice from 2 limes

#### What You Do

- 1. Run lime wedge around the outer rims of two rocks glasses and dip rims in salt. Set aside.
- In a cocktail shaker, combine tequila,
  Cointreau, and lime juice. Fill with ice and
  shake until thoroughly chilled, about 15
  seconds (the bottom of a metal shaker
  should frost over).
- Fill glasses with fresh ice and strain margarita into both glasses. Garnish with lime wheels and serve.

