

Selena + RACHAEL RAY

EPISODE 4

INGREDIENTS

For Elote Salad:

2 tbsp olive oil

1 bunch of spring onions,
scallions or a small red
onion

2 garlic cloves

4 ears of corn, charred on
a grill (1 ear/person, but
will feed up to 6), can also
use 3 cups of defrosted
fire-roasted corn

Juice of 2 limes

½ cup crema, whole yogurt
or sour cream

½ cup (about 2 oz.) cotija
cheese, grated

1 jalapeño chile

1 fresno chile

1 bunch cilantro

1 tsp smoked paprika

1 tsp chili powder

Ground cumin, optional



ELOTE SALAD

DIRECTIONS:

1. Place a large skillet over medium high heat, add olive oil.
2. Add the spring onion and let cook for a few minutes, add in the garlic and let cook for another minute and then add all of the corn to warm through.
3. Pour this mixture into a large serving bowl and stir in all remaining ingredients. Serve immediately.